

RESIDENCY FACULTY

NYANN BIERY

RESEARCH COORDINATOR

Nyann received her Masters degree in Epidemiology from UC Davis in 2003. During her time in California, she worked for the Department of Health Services in the Office of AIDS, Prevention Research and Evaluation and was a teaching assistant for two years at the University of California, Davis. Nyann currently resides in northern New Jersey. Her work within the department focuses primarily on assisting residents and faculty with their individual research endeavors but she also focuses her energies on research collaboration within the different departments of the hospital and community based organizations.



HOLLY L. BINNIG, MD

FAMILY MEDICINE ASSOCIATE

Dr. Binnig received a bachelor's degree in economics from Wittenberg University. She completed her doctorate of medicine in 1999 from the MCP Hahnemann School of Medicine. Dr. Binnig is an alumnus from the Lehigh Valley Hospital Family Medicine Residency Program. After graduation, she did additional training in obstetrics at the University of Southern California Family Medicine Residency Program at California Hospital. Her special interests include women's health and health care finance. In her spare time, she enjoys cross-stitching, sewing, and quilting. She also likes the outdoors and is an avid sports fan.



JONATHAN BURKE, D.O.

OSTEOPATHIC PROGRAM DIRECTOR/PHYSICIAN AT PLEASANT VALLEY FAMILY PRACTICE

Dr. Burke grew up in New Jersey and earned his undergraduate degree in biology at Rutgers University. He then moved to Pennsylvania and attended the Philadelphia College of Osteopathic Medicine, graduating in 2000. Dr. Burke is an alumnus of the Lehigh Valley Hospital Family Medicine Residency Program. After training, Dr. Burke stayed in the Lehigh Valley and joined the Lehigh Valley Physician Group (LVPG) performing both clinical and leadership duties. His practice is Pleasant Valley Family practice in Brodheadsville and he spent 5 years as the Assistant Medical Director of the family medicine division of LVPG. Dr. Burke has been married for 11 years and has 2 children ages 5 and 7. He enjoys time with them and restoring his 1966 Mustang.



JOANNE L. COHEN-KATZ, Ph.D.

FAMILY SYSTEMS ASSOCIATE

Dr. Cohen-Katz is a licensed psychologist who has been teaching behavioral science to family medicine residents since 1992. She graduated from the University of Pennsylvania with honors and received her doctorate in counseling psychology from the University of Florida, where she specialized in health psychology and family therapy. Dr. Cohen-Katz was the director of behavioral sciences in the family practice residency at the University of Massachusetts Medical Center for three years, before becoming a founding member of the Lehigh Valley Hospital Department of Family Medicine in 1996. Since 2001, Dr. Cohen-Katz has co-directed the Lehigh Valley Hospital Center for Mindfulness, which teaches mindfulness meditation-based interventions to residents, hospital employees, and patients in the community. Her special interests include increasing physician wellness and self-awareness by teaching mindfulness techniques, collaborative/biopsychosocial approaches to healthcare and training physicians to incorporate family systems concepts into everyday clinical encounters. Her personal interests include hiking and the outdoors, and she is a long-time practitioner of yoga and meditation. Her greatest joys come from spending time with her husband and their children, Benjamin and Deborah.



JULIE A. DOSTAL, MD***VICE CHAIR / RESIDENCY PROGRAM DIRECTOR***

Dr. Dostal graduated from Macalester College in St. Paul, Minnesota in 1975 with a bachelor's degree in chemistry. After two years of doing research in the Pediatric Nephrology Department at the University of Minnesota, she entered the University of Minnesota Medical School, graduating in 1981. After finishing her Family Medicine Residency in Kingston, PA in 1984, she joined the full-time faculty at Wyoming Valley Family Medicine Residency. She completed the Michigan State Faculty Development Fellowship Program in 1985 and was Program Director at the Wyoming Valley program from 1989 to 1998. In her time at Wyoming Valley she maintained an active practice for more than 17 years, including delivering over a thousand babies. Dr. Dostal joined Lehigh Valley Hospital in 1998. She has been the Vice Chair of the Department since 1999 and Program Director of the Residency since the fall of 2006. She has been a leader in the community in promoting the health and well-being of women and their families. She is the past president of the board of directors of Turning Point of Lehigh Valley (the local domestic violence service agency) and previously served on the board of directors of Northeastern Pennsylvania Planned Parenthood. Dr. Dostal is a past president of the Association of Family Medicine Residency Directors and was formerly a member of the STFM Legislative committee. She keeps her sanity with a regular yoga and meditation practice, reading, and traveling to the Outer Banks of North Carolina with her family. Her husband has recently started his career as a teacher of 7th grade now that their three children are out of the nest and creating their futures.

**BRUCE A. ELLSWEIG, M.D.*****CLINICAL ASSOCIATE PROFESSOR OF FAMILY MEDICINE, HERSHEY MEDICAL COLLEGE, MEDICAL DIRECTOR, LEHIGH VALLEY HOSPICE, VICE CHAIRMAN FAMILY MEDICINE FOR COMMUNITY PRACTICE***

I was born and raised in East Stroudsburg, PA. My fascination with medicine began at a very early age and was stimulated throughout my education process by outstanding models of quality, caring and sensitivity by my own family physician. I was a charter member of our family medicine group in medical school and actively participated in the educational process during and after residency. I maintain an active role as a community preceptor for family medicine program. I helped write, produce and act in video productions dealing with depression in the elderly and various clinical segments revolving around chronic disease. My community involvement includes several volunteer organizations. My wife and soul mate of 22 years is a practicing attorney in Allentown, PA. **Current teaching and research interests:** I have been active in the family residency program since its inception and have enjoyed having both students and residents shadow me in my office for thirty years. My role as IPA Chairman has afforded me the opportunity to become educated and to educate others in the ever-changing environment of managed care, quality and performance based initiatives, and to help ensure the security of our goals as physician members.



ELISSA FOSTER, Ph.D.**MEDICAL EDUCATOR**

I hold a Ph.D. in Communication (University of South Florida, 2002) with emphases in health communication and interpersonal relationships, and my specialty is end-of-life communication. As a graduate teaching assistant, adjunct, and full-time professor I have taught for 10 different institutions in the past 15 years, most recently at San José State University in California where I served as Graduate Director for the MA program in my department. I have a passion for writing and research and have published book chapters and articles in a variety of journals including the *Journal of Ageing and Identity*, *Qualitative Inquiry*, *Journal of Cancer Integrative Medicine* and *Women's Studies in Communication*. My book is called *Communicating at the End of Life: Finding Magic in the Mundane* (Erlbaum, 2007). I am currently working as a Medical Educator in the Department of Family Medicine and the Division of Education, primarily working with the P4 initiative. Whenever I can, I travel home to Australia to visit my family, friends, and beloved Aussie environs.

**SWEETY JAIN, MD****FAMILY MEDICINE ASSOCIATE**

Dr. Sweety Jain joined Lehigh Valley Family Medicine faculty in September 2006. She received her medical degree from Calcutta Medical College, India and went on to pursue a fellowship in Obstetrics and Gynecology. She completed her residency in Family Medicine at Sacred Heart Hospital in Allentown, PA and worked at Lehigh University Health Center for two years. Thereafter, she served as a faculty member at Sacred Heart Family Medicine Residency for almost ten years. She has been actively involved in motivating residents to participate in research projects and to present at various conferences. Dr. Jain's special interests include gynecologic procedures, preventative medicine and practice based research. She serves on the advisory council of the PAFP Medical Home Project for care of patients with disabilities. In this context, she has served on the expert workgroup committee for the Maternal and Child Health Division of the Department of Health and Human Services in Washington, D.C. and on an Objective Review Committee (ORC) of grant applications for HRSA. Her hobbies include traveling, gardening, and writing. She lives in Bethlehem with her husband, Himanshu, a Professor of Materials Engineering at Lehigh University and their two daughters, Isha and Raina.

**ERIC KANE, D.O.****FACULTY ASSOCIATE /PHYSICIAN AT LEHIGH VALLEY FAMILY PRACTICE ASSOCIATES**

Dr. Eric Kane is a native of the Lehigh Valley. His education includes Bethlehem Catholic High School, Lehigh University and PCOM for his medical education. His internship and residency were spent at what is now St. Luke's Allentown Campus. In addition to his responsibilities at LVFPA, he is a volunteer physician for homeless men at Victory House in Bethlehem. He enjoys traveling with his wife Sherol and trying to keep up with their four children.



MICHAEL KAUFFMAN, M.D.***CHAIR, DEPARTMENT OF PSYCHIATRY***

Dr. Kaufmann is Chair for the Department of Psychiatry at Lehigh Valley Hospital and Health Network and Professor of Clinical Psychiatry at Penn State College of Medicine. Dr. Kaufmann completed his medical school training at the University of Buenos Aires, Argentina; psychiatric training at NYU and Harvard Medical School. He has held faculty appointments at Albany Medical College and Yale University School of Medicine. He is past president for the regional chapter of the American Psychiatric Association, past President of the Northampton MH/MR Advisory Board, on the Lehigh University IRB Committee, and a member of the Allentown State Hospital Board of Trustees. Dr. Kaufmann has over 120 scientific publications and presentations and was an editorial reviewer for the Archives of General Psychiatry. Some of his articles have been cited in the New England Journal of Medicine and Yearbook of Psychiatry and Applied Mental Health.

**DREW M. KEISTER, MD*****FAMILY MEDICINE ASSOCIATE***

Drew Keister is a Lehigh Valley native who returned home to join the LVHN Family Medicine Department in 2008. After graduating from Emmaus High School, he went to Cornell University, double majoring in chemistry and neurobiology. He then accepted a military scholarship to attend Penn State College of Medicine in Hershey, the sweetest place on Earth. While in Hershey, he met his lovely wife Mary, who now practices as a family physician in the region. Together, they went to Andrews Air Force Base for their residency. Drew was fortunate to be asked to join the faculty at Offutt Air Force Base's family medicine residency (in Omaha, Nebraska) upon completion of his training. While there, he attended the University of North Carolina Faculty Development Fellowship, a part time program that works with family medicine faculty to improve resident and student education (isn't it interesting that you need a Masters in Education to teach elementary school, but no educational training to teach doctors?). He then worked to implement a resident-driven evidence-based medicine curriculum at the Offutt residency. Drew joined LVHN's faculty in August 2008. He lives in Fogelsville with Mary and their two young kids, Rowen and Alina. When he manages a few hours away from work and family, he enjoys disc golf, historical fencing and strategy board games.



ABBY S. LETCHER, MD***FACULTY ASSOCIATE / MEDICAL DIRECTOR OF CARING PLACE FAMILY HEALTH PROGRAM***

Dr. Letcher was a lecturer for the University Of Michigan Department Of Family Medicine, prior to moving to the Lehigh Valley area. Abby earned her bachelor's degree in English and African studies from Yale University. She completed a doctorate degree in medicine from the University Of Pennsylvania School Of Medicine in 1995. Abby is an alumnus of the Family Medicine Residency Program at Thomas Jefferson University Hospital. After graduating, she participated in the Robert Wood Johnson Clinical Scholars Program and was also a NIMH/Measey Fellow. She is a member of the Society of Teachers of Family Medicine and the North American Primary Care Research Group. Her special interests include adolescent healthcare and healthy communities.

**JAMES MANLEY, D.O.*****FACULTY ASSOCIATE / PHYSICIAN AT LEHIGH VALLEY FAMILY PRACTICE ASSOCIATES***

Dr. Kane was born and raised in Allentown, PA. After graduating from William Allen High School he attended and graduated from the Pennsylvania State University. Prior to going to medical school he worked at Lehigh Valley Hospital in the respiratory therapy department. This provided invaluable clinical experience for his future in medicine. After graduating from the Philadelphia College of Osteopathic Medicine he spent his internship and family medicine residency at the Allentown Osteopathic Medical Center. Along with fellow resident, Dr. Eric D. Kane, they opened the doors to family medicine. Nearly 23 years and 11,000 patients later they continue to practice family medicine in Bethlehem, PA. They are actively involved in the Lehigh Valley Health Network's family medicine residency program as one of their continuity care sites.

Outside of the office he is one of the school physicians for the Bethlehem Area School District. In addition to the practice of medicine he is and has been involved with the Greater Lehigh Valley Independent Practice Association, initially as a board member currently as chairman. He is also on the Board of the Lehigh Valley Physician Hospital Organization and serves as vice-chairman. But, the most important aspect in his life continues to be his wife Anne, and their two children Alexandra and James.

**JEFFREY S. MATHIEU, M.D.*****MEDICAL DIRECTOR***

Dr. Mathieu returned to the Lehigh Valley after a five-year immersion in full scope rural family medicine in Honesdale, PA. He is a graduate from Lehigh Valley Hospital Family Medicine Residency. He graduated from Tufts University with a bachelor's of science degree in chemistry and biology and completed his medical degree at the University of Connecticut. Currently, he is serving as chair of department quality assurance and helping to develop the Family Health Center into a Patient Centered Medical Home. He is always happy to talk about his travels to such places as Sri Lanka, Guyana, and Antarctica. His interests also include downhill skiing, reading, lounging in his hot tub and spending time with his two children, Paige and Aidan, and his wife Susan.



SUSAN S. MATHIEU, M.D.

FAMILY MEDICINE ASSOCIATE

Dr. Mathieu has returned to Lehigh Valley Hospital after five years in rural private practice in Honesdale, PA where she practiced a full scope of family practice care including obstetrics, pediatrics, and inpatient/ICU care. She, along with her husband, Jeff, graduated from the Lehigh Valley Hospital Family Medicine Residency Program in 1999. She grew up in nearby Salisbury Township. She earned her bachelor's of science degree from Muhlenberg College and her medical degree from the Medical College of Pennsylvania. Her clinical interests focus on building relationships through women's care and pediatrics. She is currently the lead physician on the wellness curriculum. When she is not at work, she is usually found actively involved in her second job as a mother to Paige and Aidan.



WILLIAM L. MILLER, M.D., M.A.

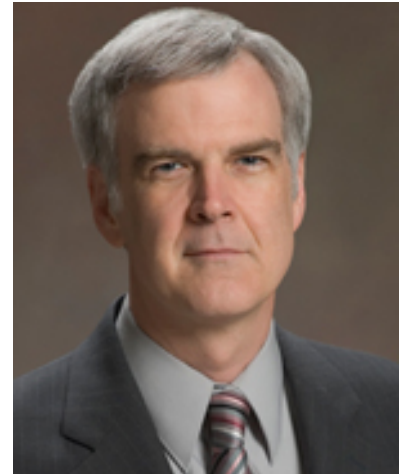
LEONARD PARKER POOL CHAIR OF FAMILY MEDICINE, PROFESSOR OF FAMILY & COMMUNITY MEDICINE

Dr. Miller graduated from Wake Forest University with honors and received a master's degree in medical anthropology. After two years teaching as a secondary school teacher in Honduras to fulfill his conscientious objector obligation, he entered the University of North Carolina School of Medicine and received his medical degree in 1977. He then completed a Family Medicine Residency at Harrisburg Hospital where he served as co-chief resident. Dr. Miller entered private practice in Bethlehem, PA for four years before joining the Family Medicine faculty at the University of Connecticut. There he served as Director of Pre-doctoral Education, Residency Director, and Director of Fellowship Programs on route to becoming tenured. But the lure of the Lehigh Valley was great, and he returned in 1994 to help establish the innovative Lehigh Valley Family Medicine Residency Program and the new Department of Family Medicine. His research interests include practice improvement using complexity science, healing relationships and the clinical encounter, and professional socialization. He is one of the pioneers of qualitative and mixed method research approaches in primary care, is Consulting Editor for the Annals of Family Medicine, and served on the Board of the North American Primary Care Research Group. He is currently advisor and evaluator for the American Academy of Family Physicians' Future of Family Medicine National Demonstration Project and the national family medicine residency redesign initiative. His special joys are family, backpacking, cross-country skiing and music.



ROBERT MOTLEY, MD***FAMILY MEDICINE ASSOCIATE***

Dr. Motley joined our Department of Family Medicine in 2006 after almost twenty years in private community practice, most recently with TriValley Primary Care in Quakertown, PA. During that time, he practiced the full range of Family Medicine except for obstetrics. Dr. Motley has also enjoyed helping others learn--he regularly hosted fourth year medical students in his office practice and has presented a variety of health topics to community groups over the years. In addition to a busy clinical practice, Dr. Motley helped lead a number of clinical care projects with local primary care physicians, community retirement communities, his local hospital and within his medical group, where he served as the group's chairman for four years. His interests include geriatric medicine, chronic disease care, the doctor-patient relationship and care within communities. Dr. Motley graduated from LaSalle University and Jefferson Medical College in Philadelphia, PA. He remained at Jefferson to complete his Family Medicine residency program. He is a Diplomate of the American Board of Family Medicine and holds a Certificate of Added Qualification in Geriatric Medicine. Outside of work, Dr. Motley and his wife Jeanne-Marie enjoy music, biking, kayaking and taking walks together. Their five young adult children remain the joy of their lives. Three of their children work in the health professions.

**KRISTIN C. REIHMAN, M.D.*****FAMILY MEDICINE ASSOCIATE***

Kristin was born in Cleveland, Ohio, and raised in Fresno, Calif. She attended Yale University where she majored in American Studies and swam on the varsity swim team. Upon graduation in 1992, Kristin traveled to the People's Republic of China, where she taught English to doctors and middle school students. She completed post-baccalaureate studies at the University of Texas at Austin and matriculated at Stanford University School of Medicine in 1998. She is the mother of three boys, Mahlon, Baxter, and Xavier and a daughter, Tula. Kristin completed her residency here in March 2009, having been part of a job share pair with Malaika Stoll, MD. Kristin is married to Greg Reihman, philosopher and fabulous father of four, and is ever grateful for his patience with her extended medical training.



BRIAN STELLO, MD*MEDICAL DIRECTOR, EPICnet*

Dr. Stello is a founding faculty member of the residency at Lehigh Valley. He was the first director of the Lehigh Valley Family Health Center, supervising the practice as it grew from a 700-square-foot suite to a three-story health center. In his faculty role, he received a number of teaching and presentation awards. From 1999-2006, he served as Director of Network Development in the Department of Family Medicine, where his work included recruiting new physicians to the network and matching residency program graduates with local practice opportunities. Since 2006, he has been Director of EPICnet, the department's practice-based research network. Under Dr. Stello's leadership, EPICnet has been a recipient of or participant in research grants awarded by the Agency for Healthcare Research and Quality, and the American Academy of Family Physicians. He continues to participate in hospital-network quality improvement activities.

**JEFFREY L. STERNLIEB, PhD***FAMILY SYSTEMS ASSOCIATE*

Dr. Sternlieb is a licensed psychologist who has taught psychology at the college level and has had a clinical psychology practice that included psychological evaluations and psychotherapy with children, adolescents, and families. Most recently, he has his own consultative business working with people in a wide range of businesses and organizations. This includes developing and conducting programs on leadership development, stress, change and conflict management, and prevention of violence, sexual harassment, and discrimination. He received his bachelor's degree from Amherst College and doctorate in developmental psychology from The Catholic University of America. He completed a child clinical internship at the Pittsburgh Child Guidance Center and had additional training in family therapy at the Ackerman Institute in New York City. Dr. Sternlieb is a member of the governing council of the American Balint Society, and he has written about physician self-awareness and self-care. In addition to spending time with his family, he enjoys playing tennis and racquetball, perennial, herb, and vegetable gardening, cooking and eco-travel to places such as The Grand Canyon, the Amazon, and the Pantanal.



HEIDI WENGERD, RPH, PHARM D***CLINICAL PHARMACY ASSOCIATE***

Dr. Wengerd graduated from the University of the Sciences in Philadelphia with honors, where she received both her bachelor's and doctorate of pharmacy degrees. She worked in the Philadelphia area in clinical community pharmacy, hospice, long-term care, and as a clinical hospital pharmacist before moving to the Allentown area in December 2000. Before coming to the Lehigh Valley Hospital Family Medicine Department in October 2001, she served as the clinical pharmacist at another local hospital, where she obtained experience working with family medicine residents. Her medical interests include pain management, geriatrics, and women's health. She has served as a hospice volunteer and completed a term on the Board of Directors of the Lehigh County Conference of Churches, an organization that provides safety net social services for Lehigh County residents who need them. Heidi has three cats, and enjoys reading, playing piano, cooking, listening to classical music, gardening, and entertaining friends and family.

**SUSAN D. WILEY, M.D.*****VICE CHAIRMAN, DEPT OF PSYCHIATRY, CO-FOUNDER OF CENTER FOR MINDFULNESS***

Dr. Wiley graduated from the University of Pennsylvania Medical School in 1978. After completing a year of internship in Physical Medicine and Rehabilitation at Thomas Jefferson University Hospital, Dr. Wiley returned to the Penn to complete her residency in Psychiatry. Dr. Wiley's interests in coping and adaptation led her to LVHN where she led the Consultation-Liaison service for many years. Currently she is the Medical Director of Ambulatory Services in the Department of Psychiatry- Allentown Campus and Vice Chairman of the Department of Psychiatry. Her interest in Family Systems made her a good fit for the Family Medicine Residency with which she has been involved as Specialty Preceptor since the residency's inception. Dr. Wiley co-leads the Center for Mindfulness. Her professional passions are the integration of behavioral health and primary care and the applications of mindfulness into medicine. She loves fly-fishing when she is not on her farm with her husband and animals. Her children are now wonderful adults so she no longer packs their lunch box.

